

October 2009

NATIONAL

Beauty Connection newsletter



BEAUTY COLLEGE

Grand Opening! 10/10/09

Our official Grand Opening and Cut-A-Thon to benefit the North Texas Food Bank kicks off at 9:30 a.m. on Saturday, October 10th with a ribbon cutting ceremony attended by Garland Mayor Ron Jones!

We hope that everyone's as excited and looking forward to this amazing event as we are!

Finally, the staff would like to give a big, gigantic "Thank You!" to all the students who helped address postcards, staple flyers, deliver flyers, and everything else that we've asked for assistance with. You are the awesomesauce!

Success is Simple

**Do what's right,
the right way,
at the right time.**



CALENDAR

SCHOOL EVENTS

Grand Opening Oct. 10

BEAUTY INDUSTRY EVENTS

Texas Educational

Symposium Oct. 11-12

Texas Beauty Show Oct. 25-26

HOLIDAYS

Columbus Day Oct. 12

Halloween Oct. 31



354 EAST I-30 STE. A

GARLAND, TX 75043

PH: 972-226-6900

NATIONALBEAUTYCOLLEGE.COM



What You Can Do to Stay Healthy this Flu Season



- **Stay informed.** Visit the Centers for Disease Control (CDC) website at www.cdc.gov or call **1-800-CDC-INFO** for updates as information becomes available.
- Influenza is thought to **spread mainly person-to-person** through coughing or sneezing of infected people.
- **Take everyday actions to stay healthy:**
 - Cover your nose & mouth with a tissue when you cough or sneeze. Throw the tissue in the trash after you use it.
 - **Wash your hands often with soap & water**, especially after you cough or sneeze. Alcohol-based hand cleaners are also effective.
 - Avoid touching your eyes, nose or mouth. Germs spread that way.
 - Stay home if you get sick. CDC recommends that you stay home from work or school and limit contact with others to keep from infecting them.
- **Follow public health advice** regarding school closures, avoiding crowds, and other social distancing measures.
- Find healthy ways to **deal with stress and anxiety.**

Ms. Cox's Corner

To all my students present and past
 I tip my hat to you
 You had a dream
 You made it come true
 I am so proud of you
 Keep dreaming
 There's nothing you can't do
 Always keep dreaming
 Because dreams they always come true!



DID YOU KNOW?

In the state of Texas **anyone** who provides services in a salon that they are not licensed to perform; salon owners who hire unlicensed operators to perform services; and anyone who *charges a fee* to provide cosmetology or nail services from their home or someone else's home without a Facility, Beauty Shop, and Operator license is

BREAKING THE LAW!!



PERSONAL AND PROFESSIONAL GROWTH LIBRARY



“The books that influence us are those for which we are ready, and which have gone a little farther down our particular path than we have yet got ourselves.”

E.M. Forster

Vonda has put together a library of wonderful books dealing with topics of personal, professional, and financial growth. The books are available to both our staff and trainees.

In an effort to encourage and enrich a positive outlook, and develop tomorrow’s outstanding leaders in the beauty industry, we encourage each and every one of you to voluntarily take advantage of this opportunity to explore new ways of thinking and doing.

See the sidebar for a list of books that are currently available. Also, if you’ve read anything that has helped you along your path to success and you feel might benefit your fellow trainees, don’t hesitate to pass it along! (No religious or political subject matter please).

- **Developing the Leader Within You- John C. Maxwell**
- **Talent is Never Enough (Discover the Choices that will Take You Beyond Your Talent)-John C. Maxwell**
- **Failing Forward (Turning Mistakes into Stepping Stones for Success) - John C. Maxwell**
- **Customers for Life (How to Turn That One-Time Buyer into a Lifetime Customer) - Carl Sewell**
- **Women & Money (Owning the Power to Control Your Destiny) - Suze Orman**
- **The Tipping Point (How Little Things Can Make a Big Difference) - Malcolm Gladwell**
- **Stumbling on Happiness - Daniel Gilbert**
- **50 Things that Really Matter**

"Ability is what you're capable of doing.

Motivation determines what you do.

Attitude determines how well you do it."

- Lou Holtz



OUR MISSION

IMPART A SENSE OF ACHIEVEMENT;

NOURISH INDIVIDUAL ARTISTIC CREATIVITY;

SSUPPORT THE ENTREPRENEURIAL SPIRIT;

POSITIVELY INFLUENCE ALL;

INSTILL A STRONG WORK ETHIC AND UPHOLD SALON STANDARDS;

REPRESENT THE BEAUTY INDUSTRY WITH CONFIDENCE;

ENCOURAGE EVERYONE TO REACH THEIR FULL POTENTIAL

INSPIRE